

Behavioral Health Services

Stanly Regional Medical Center's Behavioral Health Services provides a safe and therapeutic environment for adults 18 and over, in need of short-term, inpatient care.

Offering acute psychiatric services, the department affords patients quality mental healthcare close to their homes and support systems. The department features private rooms and counseling, recreation and visiting areas for the exclusive use of our patients.

Helping patients maintain their dignity and respect while obtaining treatment is of the utmost importance. All services are confidential.

Individualized Care

Upon admission to the unit, our clinical team begins working with the patient to create an individualized care plan. The clinical team includes:

- Psychiatrists
- Licensed Counselors
- Substance Abuse Counselor
- Recreation Therapist
- Clinical Social Worker
- Registered Nurses
- Nursing Assistants

Working with patients in both one-on-one and group settings, the team focuses on crisis resolution, self-esteem, communication, stress reduction and coping skills. Our primary goal is to help each patient attain a higher level of functioning on a personal, occupational and social level.

Treatments of Behavioral Health Disorders such as:

Some of the most frequently seen illnesses we treat include:

- Depression
- Anxiety
- Borderline
- PTSD
- Bipolar
- Schizophrenia
- OCD
- Dual Diagnosis Substance Abuse



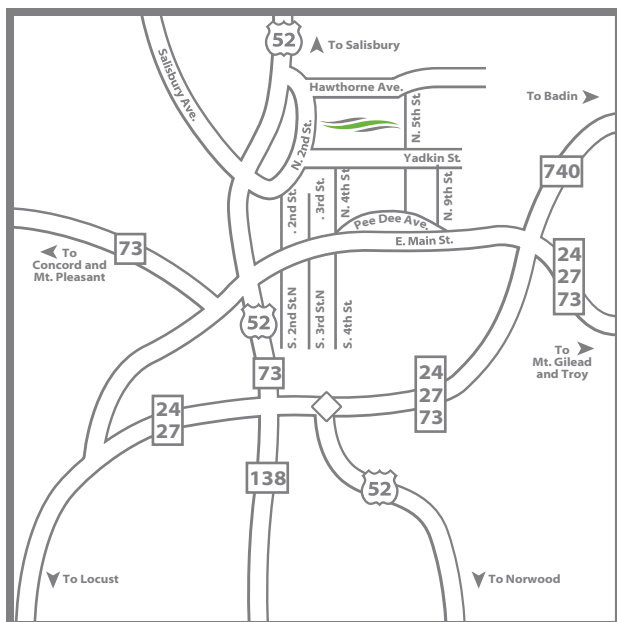
Transition & Treatment Continuation

Plans for continuing care beyond the inpatient setting begin early in the patient's treatment. All options are discussed with the patient or guardian to ensure that the appropriate care plan is chosen. Family involvement, with patient consent, is strongly encouraged.

Our staff is sensitive to the importance of working with other professionals involved in a patient's care including the attending physician, counselors and clergy during both treatment and post discharge. This involvement helps enhance our team approach and achieves the most appropriate continuum of care for the patient.

Admission

Admissions may be arranged 24 hours a day.



Stanly Regional

MEDICAL CENTER

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stanly.org

This brochure is solely intended to provide educational information to patients, families and their physicians.

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